

2026 Twisted Moose Friday Jan 30th

					FRIDAY BONFIRE GYM
Session	Level	Stretch	March In	Warm Up	Teams (*denotes split team)
11B	XP	8:00am	8:20am	8:30am	Big Lake, Classic Chan, Dynamics, MAGs, NoBranch, TAGsEP, Twin Ports
12B	XG				*Big Lake, *Classic Chan, Dynamics, MAGs, NoBranch, TAGsEP, Twin Ports
13B	XB/XS				BlackHawk, Legacy, *Power&Grace, *TAGsEP, ThunderBay, Twinports
					FRIDAY CABIN GYM
Session	Level	Stretch	March In	Warm Up	Teams (*denotes split team)
11C	DP 7	8:00am	8:20am	8:30am	Bismark, BlackHawk, CountryTwisters, *Fuzion, Gymfinity, KAATs, Laketown, MAGs, MidwestTwisters, Rebels, ROGA, Russell, ThunderBay
12C	DP 6				Bismark, BlackHawk, CountryTwisters, *Fuzion, Gymfinity, KAATs, Laketown, MAGs, MidwestTwisters, Russell, ThunderBay
13C	DP 2,3,4,5				*Bismark, Flips, Laketown, MAGs, *MidwestTwisters

2026 Twisted Moose Saturday Jan 31st

					SATURDAY BONFIRE GYM
Session	Level	Stretch	March In	Warm Up	Teams (*denotes split team)
21B	XG	8:00am	8:20am	8:30am	*ATM, BlackHawk, Flex, NoBoundaries, NorthernTwisters, Power&Grace, Rebels, ShootingStars, Thunderbay
22B	XP				ATM, BlackHawk, Calvary, Flex, KAATs, NoBoundaries, NorthCrest, NorthernTwisters, Power&Grace, Rebels, ThunderBay
23B	XD				BlackHawk, GleasonsE, Laketown, NoBoundaries, NorthernTwisters, Power&Grace, Rebels, ShootingStars, Spirit, TAGsEP
24B	XD/Xsap				Farmington, Flex, *Flips, NorthCrest, **TCT
					SATURDAY CABIN GYM
Session	Level	Stretch	March In	Warm Up	Teams (*denotes split team)
21C	DP 8	8:00am	8:20am	8:30am	Bismark, BlackHawk, Fuzion, Gymfinity, MAGs, MidwestTwisters, *Revolution, Russell, *TCT, ThunderBay
22C	DP 10				CountryTwisters, *Flips, *Fuzion, Gymfinity, MidwestTwisters, Revolution, Russell, *TCT, ThunderBay
23C	DP 9				BlackHawk, CountryTwisters, Fuzion, K&G, MAGs, MidwestTwisters, Revolution, Russell, *TCT, ThunderBay
24C	DP 9&10				Calvary(9&10), Flips(9), GrandRapids(9), Granite(9), GreatNorthern(9), *JamHops(9&10), JamHopsAR(9), KidSport(10), Laketown(9&10), NoBoundaries(9&10), NorthCrest(9), TAGsEP(9&10)

2026 Twisted Moose Sunday Feb 1st

					SUNDAY BONFIRE GYM
Session	Level	Stretch	March In	Warm Up	Teams (*denotes split team)
31B	XG	8:00am	8:20am	8:30am	ClassicNorthwest, Farmington, *GleasonE, *JamHopsAR, Jungle, Lakepoint, Laketown, *NorthCrest
32B	XP				ClassicNorthwest, Flips, GleasonE, JamHopsAR, Laketown, Spirit, **TCT
33B	XG				*ClassicSavage, *Flips, Spirit, **TCT
					SUNDAY CABIN GYM
Session	Level	Stretch	March In	Warm Up	Teams (*denotes split team)
31C	DP 7&8	8:00am	8:20am	8:30am	ClassicChan(8), *Flips(8), GleasonsE(7&8), GrandRapids(7&8), Granite(7), GreatNorthern(7&8), JamHops(8), JamHopsAR(8), KidSport(7&8), NoBoundaries(7&8), NorthCrest(7&8), TAGsEP(8)
32C	DP 7				Calvary, ClassicChan, ClassicSavage, Flips, JamHops, JamHopsAR, Revolution, *TAGsEP, *TCT, TwinPorts
33C	DP 6				*Flips, Granite, GreatNorthern, JamHops, JamHopsAR, Lakepoint, NoBoundaries, NorthCrest, *TAGsEP, TwinPorts